

**First Professional B.A.M.S (Part II) Degree Supplementary Examinations,
September 2014**

ASHTANGA HRIDAYAM

Time: 3hours

Total Marks: 100

- Answer all questions
- Draw diagrams wherever necessary

Essays

(2x10=20)

1. Define ama(आम) and explain its importance & the line of treatment. (2+3+5=10)
2. Mention which dosha (दोष) gets increased by the excess usage of kadu (कटु), thikta (तिक्त) and kashaya rasa (कषाय रस). List its vridhi lakshana (वृद्धि लक्षण) and explain the upakrama (उपक्रमः). (2+2+6=10)

Short notes

(10x5= 50)

3. Explain rasa panchaka (रस पञ्चक)
4. Explain prakruthi (प्रकृति)
5. Classify vyadhis (व्याधि) and explain sukha sadhya lakshana (सुख साध्य लक्षण).
6. List the types of ajeerna (अजीर्ण) - lakshana (लक्षण) and treatment.
7. Define ritusandhi (ऋतु सन्धि). List the procedures to be adapted in ritusandhi (ऋतु सन्धि).
8. Significance of padachatushtaya (पाद चतुष्टय) in ayurveda.
9. Name the trividha rogamargas (त्रिविद रोगमार्ग) and how is it relevant in treatment.
10. Explain lakshana (लक्षण) and functions of madhura rasa (मधुर रस)
11. Define prabhava (प्रभाव) with suitable examples.
12. Location and functions of prana vatha (प्राण वात).

Answer briefly

(10x3= 30)

13. Agneya dravya guna (आग्नेय द्रव्य गुण).
14. 'Karsyameva varam sthauilyath' (कारशयेमेव वरं स्थैल्य).
15. Properties of thaila (तैल).
16. Define sodhana chikitsa (शोधन चिकित्स).
17. Describe abhyanga (अभ्यंग).
18. Define guna (गुण) and list the vimsathi gunas (विमसति गुण).
19. Describe koshta (कोष्ठ) and its types.
20. Differentiate gandusha (गण्डुष) and kabala (कबल).
21. Relationship between shad rasas (षट रस) and panchamahabhutas (पञ्च महा भूत).
22. Describe dhathu. (उप धातु).